

Academics

Shape Up

The Phys. Ed. classes are usually regarded by the students as a chance to get out of the classroom and play around. Although this is true there is a lot more to Phys Ed than just playing around.

Students realize this in the Spring when the physical fitness testing begins. Phys Ed is no longer just fun and games. It becomes a survival of the fittest. Students have to reach deep inside and put out as much as their body possibly can. Those who rise to the occasion are rewarded with a Presidential Physical Fitness Award during the Awards assembly and also have the personal satisfaction of knowing they are in shape.



THE SHUTTLE RUN is one of the Physical Fitness activities. Erika Seibert reaches for a wooden block and prepares to relay it to the other side of the gym.

*In the shop, book work
isn't everything, there's also*

Hands On Work

In the Industrial Arts department students get a chance to get away from the usual classroom routine. "Hands on" work is stressed more than the usual book work experience in other classes.

In the shop, safety is the number one priority. Students can not use equipment until they have passed a thorough safety exam. Once students have passed this exam, they are then able to learn to use many different types of machinery.

In all of the industrial arts classes students must first use small hand tools before they may move on to the larger power tools.

Between times of hard work, fun is also involved. Students have a chance to accomplish something other than a letter grade. They can use their imagination to create and construct anything from a lamp to a beautiful hope chest.

When the student finishes his project, he not only receives a good grade, but also has something he can use and enjoy.



*When the work piles up
and the day seems endless,
some lucky students get to*

Take A Break

Although the Resource Room is only one small room upstairs, and the number of students is barely into the double digits, many fun and important things take place. The students go through the same material as do students in the regular classes, but these students get a chance for a more "one on one" environment with their teacher, Mrs. Marie Shelton.

The day isn't just filled with work. The students have time during the day when they can get away from the books and just kick back for awhile.

According to freshman, John Pearson: "There's more room, less people, and a chance to study or relax." Eric Gill added, "You feel wanted. Mrs. Shelton really helps with your problems."

A PERFECT EXAMPLE of the relaxed mood and togetherness of the Resource Room is evident in this spontaneous outburst from Dee Dee Scaggs and Mrs. Shelton.

